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By Anne L Watson Smart Soapmaking The Simple To Making Traditional Handmade Soap Quickly Safely And

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#### **NELSON BOWERS**

#### **Smart Lotionmaking Shepard Publications**

Making your own soap is fun, easy, and rewarding. In this introductory guide, Susan Miller Cavitch shows you how to craft your own all-natural, wonderfully smelling soaps. Illustrated directions take you through the whole process, from buying supplies to cutting the final bars. With easy-to-follow recipes that range from classics like oatmeal and honey soap to more adventurous combinations using goat milk and borage, you'll be inspired to make uniquely personal soaps that are gentle on your skin and a pleasure for your nose.

#### MILK SOAPMAKING Shepard Publications

Gentlemen might be in short supply today, but this little book of wisdom could be a cure. If you're a young man who cares about the quality of his mark on the world -- or if you know such a young man -- the aphorisms of "The Gentleman's Handbook" may prove a helpful guide. /////////////// Aaron Shepard is an author, photographer, publisher, and aspiring gentleman. He lives with his wife and fellow author, Anne L. Watson, in Bellingham, gentleman always finds a compliment for a lady he loves. A gentleman never compares one lady to another. A gentleman understands that every lady is a flower, and that love will make her bloom. ------- A gentleman listens carefully to others and takes pains to remember what he hears. A gentleman never smirks. A gentleman knows that words should be weighed, not counted. ------ A gentleman understands that the value of any person goes far beyond their usefulness to him. A gentleman does not leave messes for others to clean up. A gentleman knows he cannot help others if he does not stand on firm ground himself. ------ A gentleman knows that what he does is less important than how he does it. A gentleman does not avoid what should be resolved. A gentleman knows that his worth is measured not by what he collects but by what he contributes.

# Milk Soapmaking Hachette UK

SPECIAL NOTE! -- ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK. ASK ON HER WEB SITE, AND YOU'LL NORMALLY HEAR BACK WITHIN HOURS! Maybe you'd like to make your own soap, but you're worried that working with lye is too difficult or dangerous. Maybe you're scared off by "beginner" books that go on for hundreds of pages and leave you less confident than before. Or maybe you're already making soap, but you wonder if methods you've learned are slower and more complicated than they need to be. Whether beginner or advanced, you'll find "Smart Soapmaking" practical, helpful, and refreshing. Written by a former professional soapmaker, it explodes the myths about soapmaking and shows you how to make wonderful soap from scratch with the least fuss and bother. You'll get a wide variety of recipes, plus you'll learn how to modify them and create new ones. Want to make a luxurious gift soap? Or one that's all natural, with no artificial ingredients? Maybe a moisturizing soap for dry skin? Or one with a trending oil not yet in books? With "Smart Soapmaking," you can do all that and more, to get exactly the soap you want. ////////////////////////////// Anne L. Watson is the first author to have introduced modern techniques of home soapmaking and lotionmaking to book readers. She has made soap under the company name Soap Tree, and before her retirement from professional life, she was a historic preservation architecture consultant. Anne and her husband, \*\*\*\*\*\*RECOMMENDED BY THE HANDCRAFTED SOAP & COSMETIC GUILD\*\*\*\*\*\* "The only book

[you'll] ever need." -- Mother Earth News, Feb.-Mar. 2019 "Should become THE book for soapmaking. . . . It's about time someone wrote a book like this. Most are idealistic and inaccurate. This book has a wonderful common sense approach that is SO long overdue. . . . I can recommend it with 100% confidence." -- Susan Kennedy, Oregon Trail Soaps, Rogue River, Oregon "Smart it is . . . . A simple, no-nonsense book that cuts through the curmudgery of stifling soap bibles like no other." -- Shellie Humphries, Harstine Island, Washington "A great book for beginners, with clear and easy instructions." -- Anne-Marie Faiola, Bramble Berry Inc., Bellingham, Washington "I learned more from Smart Soapmaking than from any other soaping book, and I have read guite a few. . . . It's written with the average person in mind, not a chemistry major. Directions are very simple and easy to understand. It really takes the mystery out of making soap." -- Jackie Pack, Stuart, Virginia "Groundbreaking . . . . Anne L. Watson [is the] universally respected and loved author/crafter/curator of this lost art for thousands of aspiring soapers . . . . Unquestionably the best book with which to begin. To be precise, it's probably the most accessible, most readerfriendly, and most immediately useful container of information a first-time soapmaker could hope to find." -- Wishing Willow (blog) "BRILLIANT to find the recipes are in grams as well as ounces." --Jude Birch, Aussie Soap Supplies, Bicton, West Australia Cool Soapmaking Shepard & Piper

Nita walked away from her family when she was seventeen years old, determined to never look back. But forty years later, when her mother died and her father descended into Alzheimer's, Nita returned to New Orleans to care for him in his final months. Now her father has passed on, leaving to Nita her childhood home as an inheritance. But she soon finds she isn't the only resident. The house is occupied by ghosts of her past, playing out scenes of the life she fled. What are they trying to tell her? Will they ever leave her in peace? And are they really spirits, or only visions, emerging from sealed-off depths of memory as from the shell of a chambered nautilus? ///////////////////////// Anne L. Watson, a retired historic preservation architecture consultant, is the author of several novels, plus books on such diverse subjects as soapmaking and baking with cookie molds. A former resident of New Orleans -- the setting of "A Chambered SAMPLE At the restaurant, we found a corner table a little away from other patrons. When we'd ordered, Enid sipped her ice water. "Tell me more," she said. "I've been seeing ghosts in the house," I said. "Or maybe they're not ghosts. A friend of mine calls them visions." A bad start. I tried again. "I think I told you I'd been a caregiver for my father? Well, he was living in the house grew up in, and now it's mine. But I keep seeing him -- and my mom, and my sister and brother, and me -- all over the house." "Really? What are these visions about?" "Scenes from the past. I suppose it sounds crazy." "Not at all. You said your dad passed away recently? What about your mom?" "She died a few years ago. Suddenly. That's when we found out Dad had Alzheimer's." "So you were his caregiver after that. Are your brother and sister still living?" "Yes. I'm closer to my sis than to my brother." "My guess is the 'ghosts' are leftover emotional energy from intense experiences in the house. I gather they're not doing everyday tasks like peeling apples and mopping floors." "Mostly not. But even the everyday, normal things they do feel intense." She nodded. "I can see why. What else did your friend say? The one who called them visions." "That it was a form of teaching. That they'd go away once I learned what I needed to." Living Apart Together Shepard Publications

Maybe you've made melt-and-pour soap and want to move on to something more challenging and rewarding. Maybe traditional soapmaking appeals to you, but you figure that working with lye is too difficult or dangerous. Or maybe you're already doing it, but outmoded ideas and methods are complicating the process and slowing you down. No matter which of these fits you, you'll find "Smart Soapmaking" practical, helpful, and refreshing. Written by a former professional soapmaker, this book explodes the myths about soapmaking and shows you how to make

luxurious soap with the least fuss and bother. With both customary and metric measurements, plus a list of suppliers in five countries, "Smart Soapmaking" is the first truly international book on the craft! //////////// Anne L. Watson made soap professionally under the company name Soap Tree before deciding that soapmaking was more fun as a hobby than a business. In her other life, she is now retired from a long and honored career as a historic preservation architecture consultant. Her other published books include two novels, "Pacific Avenue" and "Skeeter: A Cat Tale," plus the cookbook "Baking with Cookie Molds." Anne, her husband, Aaron, and their cat, Skeeter, live in Friday Harbor, Washington.

#### Smart Soapmaking Shepard & Piper

For centuries, the name Castile has been associated with the highest quality in soap. But Castile -made from olive oil, traditionally in factories -- has proven hard to translate to craft soapmaking. It has earned a reputation as difficult to make, slow to cure, and lacking in rich lather. Until now. Anne L. Watson, author of "Smart Soapmaking," continues her soapmaking revolution with the first practical book on making Castile soap at home. With the secrets revealed in this advanced guide, you'll be making lovely, quick-curing, lather-rich Castile with no trouble at all. ///////////////////// Anne L. Watson is the author of the wildly popular and widely acclaimed beginners book "Smart Soapmaking" and its companions, "Milk Soapmaking" and "Smart Lotionmaking." She has made soap professionally under the company name Soap Tree, and before her retirement was a historic preservation architecture consultant. Anne's other published books include "Baking with Cookie Molds" and several novels. Anne, her husband, Aaron, and their GETTING STARTED (Facts and Myths About Castile) THE KEYS TO CASTILE (Moving It from Factory to Kitchen) WHAT DO I PUT INTO IT? (The Ingredients of Castile) WHAT DO I USE TO MAKE IT? (Gathering the Equipment You Need) Recipe: Anne's Classic Castile STEP-BY-STEP CASTILE SOAPMAKING (From Prep to Cleanup and Beyond) MORE RECIPES! (Different Castile Soaps You Can Try) Recipe: Milk Castile Recipe: Herbal Castile Recipe: Oatmeal Castile Recipe: Cleansing Castile Recipe: Gardener's Lemon Poppy Seed Castile Recipe: Castor Castile Recipe: Coconut Castor Castile Recipe: Tropical Castile WHY? WHY? WHY? (Frequently Asked Questions) WHERE TO FIND

## Castile Soapmaking Shepard & Piper

SPECIAL NOTE! -- ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK. ASK ON HER WEB SITE, AND YOU'LL NORMALLY HEAR BACK WITHIN HOURS! Do you love the feel of milk soaps but shy away from the cost? Are you looking for a special kind of gift you can make yourself? Or do you already make soap and want to try something new? Anne L. Watson's "Smart Soapmaking" was the first book based on modern techniques that eliminate the drudgery and guesswork from home soapmaking. Now, by popular demand, she continues her soapmaking revolution with the first practical, comprehensive book on making milk soap from scratch. Experience the rich, soothing, luxurious feel of milk soap you've made yourself. Your skin will thank you for it. //////////////// Anne L. Watson is the first author to have introduced modern techniques of home soapmaking and lotionmaking to book readers. She has made soap under the company name Soap Tree, and before her retirement from professional life, she was a historic preservation architecture consultant. Anne and her husband, Aaron Shepard, A definitive book for experienced as well as beginning milk soapers." -- Rebekah Bailey, The Original Soap Dish, South Whitley, Indiana "An easy to read and understand book that will take the mystery out of milk-based soapmaking and debunk some of the myths surrounding it. It contains some great basic formulas to get you started making milk soaps of any kind, and fuel to let your imagination run wild when you are ready to formulate your own creations. A good source of information for new soapmakers, and also suitable for more experienced soapmakers who want to

start making milk soaps but thought it would be too difficult." -- Amanda Guilfoyle, Bodelicious Bath & Body Products, Ipswich, Queensland, Australia "As always, Anne is up to her usual excellence. This book demystifies milk soapmaking so everyone can have the luxury of a truly decadent bar of soap \*easily\*. LOVE this book!!!" -- Susan Kennedy, Oregon Trail Soaps, Rogue River, Oregon "If you have an interest in milk soaps, this is the book for you. . . . Debunks much of the popular wisdom that may have discouraged some soapmakers." -- Kevin M. Dunn, Author, "Scientific Soapmaking" and "Caveman Chemistry" "As uber-soapmaker Anne L. Watson demonstrates, milk soaps made properly are [rightfully] well-known for a quality of luxurious buttery softness that is undeniable. . . . Anne once again acquits herself ably as a scholar of the suds and a natural communicator." -- Wishing Willow (blog) "Full of information that milk soapers, whether novice or experienced, could use to make better milk soaps. Anne writes in a conversational style that made me feel as though I were sitting down with her in her kitchen. . . . Anne details what seems to be everything there is to know about the subject. Rather than simply offering her opinions and favorite practices, Anne did extensive testing and experimenting, learning how to make the best milk soap bars that could be made. Soapmakers will be impressed with the amount and quality of Anne's research and observations. . . . That leaves the question: Can a neophyte made good cold-process milk soap? I now say yes, with the caveat they have 'Milk Soapmaking' in hand." -- Beth Byrne, "The Saponifier," Sept.-Oct. 2010 Smart Housekeeping Around the Year John Wiley & Sons

SPECIAL NOTE! -- ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK. ASK ON HER WEB SITE, AND YOU'LL NORMALLY HEAR BACK WITHIN HOURS! Soapmakers may love to add a variety of materials to soap, but they find that some cause more trouble than others. In the heat of the chemical reaction, an ingredient might discolor, or lose its scent, or develop a bad smell. Or it might cause problems during soapmaking, giving off noxious fumes, or making the soap harden so fast that there's no time to pour it in the mold. Help has arrived. Anne L. Watson extends the low-temp techniques from her book "Milk Soapmaking" to making soap from a variety of special ingredients, including cucumber, citrus, pine tar, beer, and wine. Soaps that have long challenged home soapmakers will now pose no problem at all. ///////////////////////////////////// Anne L. Watson is the first author to have introduced modern techniques of home soapmaking and lotionmaking to book readers. She has made soap under the company name Soap Tree, and before her retirement from professional life, she was a historic preservation architecture consultant. Anne and her husband, Aaron Shepard, live in Bellingham, Soapmaking to Low) WHAT DO I PUT INTO IT? (The Ingredients of Cool Soapmaking) WHAT DO I USE TO MAKE IT? (Gathering the Equipment You Need) PROJECT #1: MILK SOAPS Recipe: Anne's Cool Milk Soap COOL SOAPMAKING STEP-BY-STEP (From Prep to Cleanup and Beyond) PROJECT #2: CUCUMBER SOAPS Recipe: Basic Cucumber Soap Recipe: Cucumber Yogurt Soap Recipe: Cucumber Green Clay Soap Recipe: Cucumber Apricot Soap Recipe: Cucumber Avocado Soap Sidebar: Designing Cucumber Soaps PROJECT #3: CITRUS SOAPS Recipe: Basic Citrus Soap Recipe: Orange Yogurt Soap Recipe: Citrus Honey Soap Recipe: Ruby Red Grapefruit Soap Sidebar: Designing Citrus Soaps PROJECT #4: SOAPS WITH ACCELERANTS Recipe: Sweet Bay Soap Recipe: Pine Tar Soap Sidebar: Designing Soaps with Accelerants PROJECT #5: BEER and WINE SOAPS Recipe: Basic Beer Soap Recipe: Chocolate Ale Soap Recipe: Red Wine Soap Recipe: White Wine Soap Recipe: Anne's Coconut Beer Soap Sidebar: Designing Beer and Wine Soaps WHY? WHY? WHY? (Frequently Asked Questions) WHERE TO FIND MORE

## Cool Soapmaking Shepard & Piper

book. Soon she was writing little stories about the mouse family, while learning to use Photoshop to manipulate their poses and composite their props and settings in a creative blend of toys, other photos, and purchased and free art. As Anne added more mice and other felted animals from Diyana and other artists, Mouse Town began to take shape. As might be expected, these adorable but pushy critters eventually demanded their own books, and Anne obliged with the Katie Mouse series. Besides her children's books, Anne writes literary novels and how-to books for grown-ups, on such subjects as housekeeping, soapmaking, and baking with cookie molds. She lives in Bellingham, Washington, with her husband and fellow author, Aaron Shepard, and a growing family with new interest. Alvar's eyes shone even brighter. "When the Christmas Door opens, it shows you what you want and need the most." "That sounds wonderful!" said Katie. "I can never decide that for myself." She sighed. "But I guess I could never go there." Alvar thought a moment. "You don't really need to. I could show it to both of you, right here." "Really?" said Katie, all excited. "Just close your eyes and look for a red and green door at the end of a path. I'll help you." Katie and Dylan closed their eyes. Snow swirled all around them, thick and soft. As it settled, they found themselves on a misty forest path with Alvar. The mist grew thinner, and out of it, a door slowly appeared before them -- red and green with gold trimmings, brighter than their Christmas tree. A gold key hung from the doorknob. "What do we do now?" said Katie. "Just touch the key, and the door will open," said Alvar. "Who's first?"

## Castile Soapmaking Shepard Publications

This introduction to historic preservation goes well beyond the Secretary of the Interior's Standards for Rehabilitation and shows how wood, stone, masonry, and metal were used in the past and how adaptive re-use can be employed to bring modern amenities to historic structures. The book covers all aspects of the exterior and interior building fabric, including windows, roofing, doors, porches, and electrical and mechanical systems for both residential and small-scale commercial buildings. Richly illustrated with photographs showing typical elements of historic buildings, decay mechanisms, and remediation techniques, the book also contains a variety of useful case studies and features a companion Website that offers dozens of additional images and resources. Historic Preservation Technology Shepard & Piper

SPECIAL NOTE! -- ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK. ASK ON HER WEB SITE, AND YOU'LL NORMALLY HEAR BACK WITHIN HOURS! Beautiful to look at but hard to use. That's the reputation of cookie molds. But should it be? In this groundbreaking book, Anne L. Watson restores cookie molds to an honored place in the baker's kitchen by revealing long-lost secrets of their use. With Anne's techniques and recipes, tasty cookies with lovely, detailed designs will literally fall from the mold into your hand. Learn how to make traditional molded cookies like speculaas, springerle, and shortbread, as well as modern ones like White Chocolate Lime Cookies and Orange Blossom Wedding Cookies. Learn the tricks of sandwich cookies, layer cookies, chocolate backing, and exhibition cookies. And learn about the molds themselves -- the many kinds, their history, the best places to find them, how to treat them, what makes a good one, and which to avoid entirely. With nearly two dozen recipes and almost a hundred photos, "Baking with Cookie Molds" will quickly have you making cookies that both amaze and delight. ///////////////////// Anne L. Watson is the author of a number of popular books on home crafts and lifestyle, as well as children's books and many novels. In a previous career, she was a historic preservation architecture consultant. Anne lives with her husband and "Expert instructions guarantee readers a frustration-free experience when using decorative metal, earthware, and wooden molds . . . After reading this, you'll want to snatch them up." -- Lisa Campbell, Library Journal, Sept. 15, 2015 -- STARRED REVIEW "A tasty treat of practical cookie making, historical cookie-mold information, and a wide range of recipes, all served with appetizing sides of baking history and great photographs." -- Kirkus Reviews, June 16, 2015 "Anne L. Watson deserves big hugs from bakers everywhere for resurrecting the beautiful and tasty art of baking with cookie molds. Loaded with practical advice on everything from the care and cleaning of molds to proper recipe formulation and molding technique, 'Baking with Cookie Molds' provides all the know-how one needs to put retired molds back where they belong -- off walls and out of cupboards, and into action in our kitchens." -- Julia Usher, author, "Cookie Swap," and Director, International Association of Culinary Professionals "Cookie molds are lovely to admire but often end up as part of your kitchen decor rather than as a baking tool. 'Baking with Cookie Molds' will inspire you to use those molds as they were intended -- to create strikingly beautiful cookies -- and

shows that those cookies can be delicious as well! Detailed instructions and photographs make it feel like the author is right there in your kitchen, baking alongside you and guiding you through each step." -- Christina Banner, author, "How to Build a Gingerbread House" "A must read for novice and avid bakers! Anne's story and vast knowledge of cookie molds keeps you entertained from beginning to end." -- Karen Giamalva, President and CEO, LetsBakeCookies.com "Friendly, warm, and inviting." -- Ken Hamilton, The Springerle Baker "A 'honey' of a collection of old and new secrets for shaping edible-art cookies -- with less effort and more success. Will do much to keep this tradition alive!" -- Gene Wilson, HOBI Cookie Molds

## Smart Housekeeping Shepard Publications

SPECIAL NOTE! -- ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK. ASK ON HER WEB SITE, AND YOU'LL NORMALLY HEAR BACK WITHIN HOURS! For centuries, the name Castile has been associated with the highest quality in soap. But Castile -made from olive oil, traditionally in factories -- has proven hard to translate to craft soapmaking. It has earned a reputation as difficult to make, slow to cure, and lacking in rich lather. Until now. Anne L. Watson, author of "Smart Soapmaking," continues her soapmaking revolution with the first practical book on making Castile soap bars at home. With the secrets revealed in this advanced guide, you'll be making lovely, guick-curing, lather-rich Castile guickly, safely, and reliably. ///////////////////// Anne L. Watson is the first author to have introduced modern techniques of home soapmaking and lotionmaking to book readers. She has made soap under the company name Soap Tree, and before her retirement from professional life, she was a historic preservation architecture consultant. Anne and her husband, Aaron Shepard, live in Friday Harbor, About Castile) THE KEYS TO CASTILE (Moving It from Factory to Kitchen) WHAT DO I PUT INTO IT? (The Ingredients of Castile) WHAT DO I USE TO MAKE IT? (Gathering the Equipment You Need) Recipe: Anne's Classic Castile STEP-BY-STEP CASTILE SOAPMAKING (From Prep to Cleanup and Beyond) MORE RECIPES! (Different Castile Soaps You Can Try) Recipe: Milk Castile Recipe: Herbal Castile Recipe: Oatmeal Castile Recipe: Cleansing Castile Recipe: Gardener's Lemon Poppy Seed Castile Recipe: Castor Castile Recipe: Coconut Castor Castile Recipe: Tropical Castile WHY? WHY? WHY? (Frequently Asked Questions) WHERE TO FIND MORE Baking with Cookie Molds Next River Books

Do you love the feel of a good lotion but find yourself unhappy with the cost, or wary of the chemical ingredients? Do you ever wonder if you could make it for yourself at home? Are you afraid to try because the lotion might not turn out well, or might even be unsafe? Anne L. Watson's "Smart Soapmaking" was the first book based on modern techniques that eliminate the drudgery and guesswork from home soapmaking. Now, by popular demand, she continues her handcraft cosmetics revolution with the first practical, comprehensive book on making lotion. Whether you want to make lotion for personal use or to sell, Anne allays any fears with methods that are proven safe and approved by experts, yet simple and easy enough to perform in your kitchen. You'll soon be making lotion that's better than any you've been buying, and at a fraction of the cost. //////////////////// Anne L. Watson is the author of the wildly popular and widely acclaimed beginners book "Smart Soapmaking." She has made soap professionally under the company name Soap Tree, and before her retirement was a historic preservation architecture consultant. Anne's other published books include "Milk Soapmaking," "Baking with Cookie Molds," and several novels. Anne, her husband, Aaron, and their cat, Skeeter, live in Friday Harbor, Washington. ///////////// "The definitive guide to lotionmaking." -- Donna Puizina, Ekoaromas, Lafayette, New Jersey "Spells out everything and makes it easy to understand." -- Cheryl McCoy, Emerald City Soap, Haven, Kansas "Anne makes it so much fun, and so easy." -- Mary Jean Hammann, Grandma Jean's Soaps and Lotions, New London, Ohio "So logical and easy to understand that my first batch was a success AND a sell-out!" -- Susan Dinion, Holiday Few First Thoughts Lies and Lotions (Myths About Lotion and Lotionmaking) Lotion Lingo (Learning the Jargon) What Is Lotion, Anyway? (What It Is and What Goes Into It) The Two Ways to Sanitize Lotion (And How to Choose Between Them) What Do I Put It In? (Choosing Your Bottles) What Do I Use to Make It? (Gathering the Equipment You Need) Step-by-Step Lotionmaking (From Prep to Cleanup and Beyond) Testing Your Lotion (Making Sure It's Safe) More Recipes! (Different Lotions You Can Try) Milk Lotion Recipes (Treating Your Skin to Milk) Designing Your Own (How to Create Great Recipes) Troubleshooting (Tricks, Tweaks, and Fixes) Making It a Business (How to Go Pro, Not Bust) Why? Why? (Frequently Asked Questions) Resources

Cookie Molds Around the Year Shepard Publications

Celebrated author of The Green Beauty Guide Julie Gabriel presents a comprehensive yet simple book that brings all four corners of the natural beauty paradigm together: natural skincare, holistic nutrition, stress-relief, and healthy lifestyle. A holistic nutritionist, Gabriel teaches her reader how to 'eat yourself beautiful' using building blocks from a wholesome diet, and as a long-time beauty writer and editor, reveals why beauty-boosting changes to our everyday lifestyles are essential in helping us to discover the allure we are looking for. Holisitic Beauty from the Inside Out claims that true beauty radiates from inner physical and emotional harmony. Our body is equipped with a full set of tools to maintain and restore our intrinsic assets, and has enormous healing powers to rejuvenate our skin, hair, and nails. The book includes handy and straightforward lists of what products to avoid, what foods to eat, and natural recipes to use for skincare.

## Smart Lotionmaking Shepard Publications

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#### Aiming at Amazon Skyhook Press

SPECIAL NOTE! -- ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK. ASK ON HER WEB SITE, AND YOU'LL NORMALLY HEAR BACK WITHIN HOURS! In this standalone companion to "Smart Housekeeping," Anne L. Watson presents tips on cleaning, organizing, decluttering, furnishing, maintaining, and managing your home, as you'd face those tasks around the year. Travel with Anne through the calendar as she deals with every aspect of keeping the things around you just the way you want them. New homemakers will gain skills and perspective, while even veterans will find unique tips and insights. All delivered with a wit and frankness not seen in housekeeping books since the days of Peg Bracken. Anne's almanac also features the return of her photogenic family of felted mice. After their brief introduction in "Smart Housekeeping," Lady Mouse and the rest now return, joined by even more critters, to help Anne illustrate many of her tips and add a touch of whimsy for readers' delight. ////////////////////// Anne L. Watson is the author of "Smart Housekeeping," as well as a number of other popular books on home crafts and lifestyle, plus many novels. In a previous career, she was a historic preservation architecture consultant. Anne lives in Bellingham, Washington. ///////////// SAMPLE Housekeeping has gotten a bad rap. Somehow, the subject has shrunk to discussions of clutter control and cleaning, a bit like when your mom told you to pick up your room. But that's the dull part. Necessary, of course -- I wrote a book, "Smart Housekeeping," that's mostly about getting to a state of order. But housekeeping is no more about clutter control than gardening is about weeding. Yes, you have to do some of both -- but why stop short of the interesting stuff? Housekeeping is making yourself comfortable in your home, whatever that takes. A lot of housekeeping is about what you do, and why you do it, after you've taken care of the obvious chores. How do you set up a guest room? Unclog a sink? Keep garbage odors out of the kitchen? Arrange toy storage so that the kids will use it on their own? What's the best way to wash a family quilt? To be safe on a ladder? To choose appliances? Housekeeping isn't just housework -- it's setting the stage for your whole life at home -- which includes play, enjoyment, and creativity. This book is arranged as an almanac because the more skilled housekeeping tasks tend to follow the calendar. We do what we need to for seasonal celebrations, and we try to get the weather on our side when we paint a room, air dry a comforter or get the carpets steam cleaned. Other tasks and concerns are less linked to the seasons, but also don't need to be revisited often, once you've arranged things to please yourself. So considering them on an annual basis is probably about right. You may want to use this book as much as a reference as a read-through, especially if your seasons are different from mine, or even nonexistent. Smart Housekeeping featured felted white mice, at least on the cover. As mice will do, they have now taken over the house, and are shown throughout this book, doing their chores, handling household crises, and entertaining other small animals. And they "step out" each month,

enjoying adventures together and just having fun. I recommend that for all of us. Smart Housekeeping Around the Year: An Almanac of Cleaning, Organizing, Decluttering, Furnishing, Maintaining, and Managing Your Home, With Tips for E Seven Stories Press SPECIAL NOTE! -- ANNE WILL PERSONALLY ANSWER ANY OUESTION OF YOURS AFTER READING THIS BOOK. ASK ON HER WEB SITE, AND YOU'LL NORMALLY HEAR BACK WITHIN HOURS! Do you love the feel of milk soaps but shy away from the cost? Are you looking for a special kind of gift you can make yourself? Or do you already make soap and want to try something new? Anne L. Watson's "Smart Soapmaking" was the first book based on modern techniques that eliminate the drudgery and guesswork from home soapmaking. Now, by popular demand, she continues her soapmaking revolution with the first practical, comprehensive book on making milk soap from scratch. Experience the rich, soothing, luxurious feel of milk soap you've made yourself. Your skin will thank you for it. /////////////////// Anne L. Watson is the first author to have introduced modern techniques of home soapmaking and lotionmaking to book readers. She has made soap under the company name Soap Tree, and before her retirement from professional life, she was a historic preservation architecture consultant. Anne and her husband, Aaron Shepard, definitive book for experienced as well as beginning milk soapers." -- Rebekah Bailey, The Original Soap Dish, South Whitley, Indiana "An easy to read and understand book that will take the mystery out of milk-based soapmaking and debunk some of the myths surrounding it. It contains some great basic formulas to get you started making milk soaps of any kind, and fuel to let your imagination run wild when you are ready to formulate your own creations. A good source of information for new soapmakers, and also suitable for more experienced soapmakers who want to start making milk soaps but thought it would be too difficult." -- Amanda Guilfoyle, Bodelicious Bath & Body Products, Ipswich, Queensland, Australia "As always, Anne is up to her usual excellence. This book demystifies milk soapmaking so everyone can have the luxury of a truly decadent bar of soap \*easily\*. LOVE this book!!!" -- Susan Kennedy, Oregon Trail Soaps, Rogue River, Oregon "If you have an interest in milk soaps, this is the book for you. . . . Debunks much of the popular wisdom that may have discouraged some soapmakers." -- Kevin M. Dunn, Author, "Scientific Soapmaking" and "Caveman Chemistry" "As uber-soapmaker Anne L. Watson demonstrates, milk soaps made properly are [rightfully] well-known for a quality of luxurious buttery softness that is undeniable. . . . Anne once again acquits herself ably as a scholar of the suds and a natural communicator." -- Wishing Willow (blog) "Enthusiastically recommended." --Midwest Book Review, Feb. 2009, "Reviewer's Choice" "Full of information that milk soapers, whether novice or experienced, could use to make better milk soaps. Anne writes in a conversational style that made me feel as though I were sitting down with her in her kitchen. . . . Anne details what seems to be everything there is to know about the subject. Rather than simply offering her opinions and favorite practices, Anne did extensive testing and experimenting, learning how to make the best milk soap bars that could be made. Soapmakers will be impressed with the amount and quality of Anne's research and observations. . . . That leaves the question: Can a neophyte made good cold-process milk soap? I now say yes, with the caveat they have 'Milk Soapmaking' in hand." -- Beth Byrne, "The Saponifier," Sept.-Oct. 2010 On Christmas Eve: A Coco Mouse Tale Shepard Publications

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